Balanced Brains for Preschoolers in a Pandemic (via ZOOM) April 20, 2021 3:30 - 4:30 pm



The human brain is an amazing organ that allows each of us to think, feel, and act. The brain systems that regulate those activities are largely shaped by experience. The pandemic is creating unwanted stressful experiences for many children. This presentation provides you with brief and easy to understand basic brain insights. It then goes beyond to share the importance of balanced stimulation, so that young brains are not under-stimulated or over-stimulated which can cause dysregulation. Your important support of children will be enhanced with these insights and ideas.



Presenter: I am Deborah McNelis, M.Ed. and am very proud to be the founder of Brain Insights. It is a true passion of mine to share insights to inspire people toward having a positive impact in the lives of children. Simplifying the understanding of early childhood brain development so that people clearly understand and gain confidence in their interactions with children is one of the ways I have been most effective at making a difference. It is incredibly heartwarming to see the aha moments take place as people grasp how they can easily make an impact in the lives of children.

Target Audience: Early Childhood Regular and Special Education Teachers and ALL that work with children ages 3-6 years and their families

Registration is FREE - cost is covered through CESA 9 and CESA 12 Early Childhood Discretionary Grants. However, registration is required. Registered participants will receive the ZCOM link prior to the event.

Register here: <u>https://login.myquickreg.com/register/event/event.cfm?</u> eventid=28573

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